



The Japanese School of Melbourne

Sunsmart Policy

If you need help to understand this policy, please contact school office on 03 9528 1978.

Purpose

The purpose of this policy is to encourage behaviours at JSM (The Japanese School of Melbourne) to minimise the risk of skin and eye damage and skin cancer.

This policy provides guidelines to:

- support staff and students to use a combination of sun protection measures generally, and in particular between the 1st of September and 30th April - when UV index levels are generally highest in Victoria
- ensure that there are outdoor environments that provide adequate shade for students and staff
- ensure students are encouraged and supported to develop independent sun protection skills to help them to be responsible for their own protection
- support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure and associated harm to students and staff.

Scope

This policy applies to all school activities, including camps and excursions. It is applicable to all students and staff.

Policy

Excessive exposure to the sun's ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer.

UV radiation:

- cannot be seen or felt
- can be reflected off surfaces such as buildings, asphalt, concrete, water, sand and snow
- can pass through light clouds
- varies in intensity across the year (highest in Victoria from September – end of April)
- peaks during school hours

Sun safety is a shared responsibility and staff, parents and students are encouraged to implement a combination of sun protection measures when outdoors, specifically between 1st September and 30th April).

JSM has the following measures in place to help reduce the risk of excessive UV sun exposure for staff and students. The school will also cancel outdoor activities on days of extreme heat.

Shade

JSM will provide sufficient options for shelter to provide shade on school grounds, particularly in places such as Shade sail cloths over the playground and the bench area near the playground

Sun protective hat

From the 1st of September to the 30th April, all students must wear a sun protective hat for all outdoor activities. The School also encourages students to wear hats for all outdoor activities outside of the September to April time period.

Sunscreen

JSM encourages all staff and students to apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen daily.

JSM has strategies in place to remind students to apply sunscreen before going outdoors, such as reminding students to apply before they leave the classroom for recess and lunch.

Sunglasses

Where necessary, JSM allows students engaged in outdoor activities to wear sunglasses.

Approval

Created date	November 2024
Consultation	Staff, School board
Endorsed by	School Board
Endorsed on	November 2024
Next review date	Novembert 2026

This policy was drafted in English, and translated into Japanese for reference purposes only. In the case of a difference in interpretation the English version will prevail.